

## AMENDMENTS TO THE CLAIMS

This listing of claims will replace all prior versions and listings of claims in the application:

1. (currently amended) A method of preparing a foodstuff, the method comprising: ~~the steps of~~
  - a. Cooking or heating the foodstuff; and
  - b. Applying to the cooked foodstuff a seasoning mixture;the seasoning mixture comprising seasonings and a granular edible substance that will form on the surface of the foodstuff, at the temperature of the cooked foodstuff, an essentially continuous coating, which coating is no longer fluid at the temperature at which the foodstuff will be consumed.
2. (currently amended) A method according to claim 1, in which the granular edible substance ~~is selected from the group consisting of~~ comprises at least one of baker's sugar, ~~[[and]]~~ anhydrous dextrose or ~~[[and]]~~ hydrous dextrose.
3. (original) A method according to claim 1, in which the granular edible substance is hydrous dextrose.
4. (original) A sealable container for the containing of a hot, cooked foodstuff, having at least one inner surface, the inner surface being coated with a seasoning mixture comprising seasonings and a granular edible substance, which granular, edible substance forms, at the temperature of the cooked foodstuff, a continuous coating on the foodstuff, which coating is no longer fluid at the temperature of consumption of the foodstuff.
5. (original) A container according to claim 4, in which the sealable container is flexible.
6. (original) A container according to claim 5, in which the container is a bag or sack made of metal or plastics.